

# Native Village of Afognak

115 MILL BAY ROAD, KODLAK, AK 99615

## TRIBAL COUNCIL

Meagan Christiansen, Chairman  
Loretta Nelson, Vice-Chairman  
Natasha Hayden, Secretary  
Loren Anderson, Member  
Jim Dunham, Member  
Ken Nelson Jr., Member  
Malia Villegas, Member

## STAFF

Jonana (JJ) Orloff, Tribal Administrator  
Irene Lind, Executive Assistant  
Nancy Nelson, Program Administrator  
Denise Malutin, Program Manager  
Lynda Lorenson, Program Administrator  
Sierra Mullan, Administrative Technician  
Kelvin Nelson, Maintenance Technician/Transportation Coordinator

PHONE 907-486-6357  
FAX 907-486-6529  
[www.afognak.org](http://www.afognak.org)

Give our new Instagram page a follow to stay connected!  
@\_Nativevillageofafognak\_



Like our Facebook pages "Native Village of Afognak" and "Dig Afognak" to keep up to date with events!



Place Stamp Here



# AGWANERMIUT

A F O G N A K  
P E O P L E ' S  
N E W S L E T T E R

# KASITAQ

## Chair Letter

Cama'i Fellow Tribal Members,

I hope this finds you and your family safe and healthy during the incredibly difficult time caused by the COVID-19 pandemic. I also hope you were able to enjoy the summer and spend some time appreciating warm weather. Now, here we are in fall, the Kodiak landscape is mostly brown, and snow is in the forecast. I am planning to catch up on indoor chores, enjoy reading some good books, and get outside as weather permits.



On behalf of the council, I would like to say Quyanaa to all the tribal members and guests who participated in the very first virtual annual meeting on September 19<sup>th</sup>. Despite not being able to gather as we usually do, we had a good turnout. We appreciate the adaptability, and willingness to help keep one another safe by participating remotely. We hope to continue allowing for teleconference and/or video conference attendance in the future because it was very nice to have several out of town members attending this year. I would like to congratulate my fellow council members, Natasha Hayden and Kenneth Nelson, who were re-elected; and I would like to express my gratitude for also being re-elected to the council. I will continue to serve our people with pride.

I would like to thank Sean Hales for running for a council seat. I believe that he is an impressive young man who already has experience working with our Alutiiq people. Although he was not elected, I hope that he will consider running again. It is always encouraging to see our younger tribal members express interest in the governance of our tribe.

In late March, we decided to cancel the traditional Dig Afognak camp and to take a new direction in direct response to COVID-19. Instead of the in-person camp we all know and love, staff hosted the first ever virtual Dig Afognak Camp. The resiliency of our youth was amazing, as they adapted to a new version of Dig Afognak. Four virtual camps were held with a total of 86 participants throughout the entire summer. From perok making to mask painting, each camp was more successful than the last. More importantly our youth were able to feel a connection to one another and our culture while participating in each camp. At the end of each camp, there was a drawing for mini prizes with a grand prize drawing at the end of the season. Congratulations to our grand prize winners, Kayley Simmons and Alyssa Mullan!

As we enter the end of the year, I'd like to remind everyone to check in with one another. Be kind and remember that together we can make any situation easier. If you or someone you know is struggling, don't hesitate to reach out to a friend or family member. Stay safe and be well!

Quyanaa!



## ATTENTION

The Native Village of Afognak is looking for the current addresses of:

**Call 907-486-6357 or email [Denise@afognak.org](mailto:Denise@afognak.org) to update**

Joan Larsen-Nelson  
Michelle Novotny  
Roy Skinner  
Gilbert Mathis  
Martin Palmer  
Nicole Charters  
Dorrie Wamser  
Nicholas Bunch  
Isabel Sargeant  
Jill Ware  
Theresa Etheridge  
Christopher Clark

Barbara Palmer  
James Pearson  
Irene Bogue  
Alexandra Leslie  
Susan Mathis  
Viola Skinner  
Valerie Benson  
Frederick Chouinard  
Lucille Dulin  
Jerzee Hall  
Myrtle Kelley  
Jodi McDonald

Thomas Mathis  
Ellsworth Warner  
Robert Halmsteiner  
Althea Halmsteiner  
Mary Blankenship  
Gordan McCormick





## Virtual Camp Photos



## Virtual Dig Afognak 2020



Due to COVID-19 NVA made the decision early on for everyone's health and safety to cancel our annual Dig Afognak camps for 2020. This was the first time the Native Village of Afognak has not held the Dig Afognak summer camps. Quickly adjusting to this new way of living has been tough on all of us, but especially the kids. We collaborated with a few teachers and with the help of the two Rural Cap Grants and some Dig Afognak funds, we were able to offer to our youth "Virtual Dig Afognak Camps".

The way Virtual Camp worked was quite simple. NVA provided all supplies needed for each activity in individual kits. There was an application put out every other week specific to each activity. Every camp had a deadline for applications, and since we were not able to work with the students directly they provided a photo submission of their finished projects and if they submitted their photo by the deadline (which varied between each camp depending on the activity), they would be entered in for a gift card drawing at the close of that camp. There were 5 randomly selected winners after each activity ended.

There was a total of 4 virtual camps which included rock painting, shadowboxing, perok making, and mask painting with each averaging approximately 22 participants. We had a total of 86 participants throughout the entire summer. There was a total of 20 gift cards distributed and 2 grand prize winners.

We are working on continuing activities like the ones in our Virtual Camp for the kids during these hard times to help keep them active and engaged. We are currently working on a Geo Caching activity for the near future. We have also purchased a Go-Pro and drone to be able to share Alutiiq Dancing and other things like seal hunting and traditional food processing with the students virtually this fall. We also have a paddle painting activity for adults in the works with teachers Hanna and Gage Sholl.

Lastly, The Native Village of Afognak would like to give a huge thank you to our 2 teachers Phyllis Clough who created a tutorial video for us on how to make perok, and Sara Squartsoff-Mckinley who put together mask painting kits on canvas. We greatly appreciate everything they have done.

## DIG AFOGNAK THROWBACK





# Environmental

**Melaleuca** is a world leader in concentrated products. Products that require less water to make, less fuel to ship, and less plastic to package. It's better for the environment inside your home... and outside. **Melaleuca** goes a step beyond and does what no other company can. Melaleuca is also on a mission to improve our environment with non-toxic, home-cleaning products that are safer for your home and allow you to live clean without the hazards of harsh



## HOME SWEET HEALTHY HOME

CHECKLIST TO KEEP YOUR HOME DRY, WARM AND POLLUTION-FREE

### KEEP MOISTURE OUT

- Put lids on pots when cooking
- Dry clothes outside
- Vent your clothes dryer to the outside
- Air your house on fine days
- Use extractor fans or open windows in the kitchen and bathroom to remove moisture
- Remove mould using very diluted household bleach
- Check for water leaks from guttering and plumbing and repair them
- Ensure there is adequate drainage around your house
- Black plastic on the ground under the house will keep it drier and easier to heat
- Consider double glazing if you are building or replacing windows

### KEEP HEAT IN

- Have well-fitting curtains and keep them closed at night
- Use draught stops under doors and draught-proof windows
- Insulate your ceiling and under the floor

**40%** of heat can be lost through an uninsulated ceiling

### KEEP AIR CLEAN

- Make your home smokefree
- Use an electric or flued\* gas heater
- Limit the use of strong-smelling cleaners, air fresheners and flysprays, and ventilate the room after using them
- Dust with a damp cloth or microfibre cloth
- Use a sealed vacuum with a HEPA\*\* filter and vacuum regularly
- Keep pets out of the bedroom
- Use low VOC\*\*\* paints
- Use heaters and ventilation systems with a high-grade filter
- Use antimicrobial treated pillows and mattresses

Save money and improve energy efficiency



\*flued means the heater has a vent to safely carry away emissions  
 \*\*HEPA means high efficiency particulate air  
 \*\*\*VOC means volatile organic compounds



## COVID-19 RESOURCES

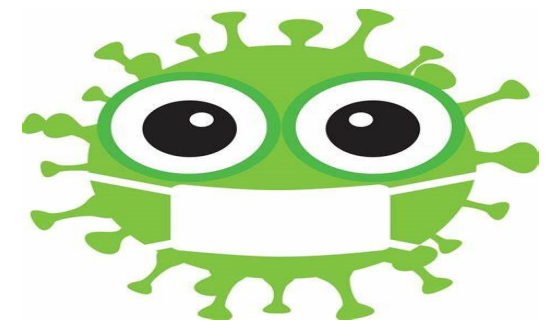
Additional Resources:

CDC: <https://www.cdc.gov/handwashing/when-how-handwashing.html>

ANTHC: <https://anthc.org/covid.../important-health-tips-for-covid-19/>

ANTHC Air and Healthy Homes: <https://anthc.org.../community-environment-an.../healthy-homes/>

If you are in need of a face mask for protection please contact our office at: **907-486-6357** or email [sierra@afognak.org](mailto:sierra@afognak.org) and we will provide you with one!



### Who is at higher risk?

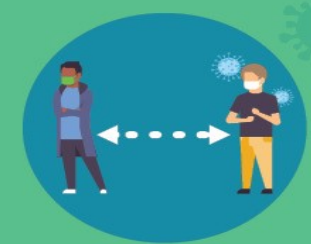
- Older adults
- People of all ages with certain underlying medical conditions
- Pregnant people might also be at increased risk of severe illness from COVID-19.
- Long-standing systemic health and social inequities have put many people from racial and ethnic minority groups at increased risk of getting sick and dying from COVID-19.
- In addition to those at increased risk, there are certain groups of people who require extra precautions during the pandemic.

## SLOW THE SPREAD OF COVID-19

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)



Wear a mask in public spaces



Stay at least 6 feet from other people



Frequently wash your hands



# Announcements

Native Village of Afognak will be closed the following dates:

- ◆ Wednesday November 11, 2020 in observance of Veterans Day
- ◆ Thursday & Friday November 26 - 27, 2020 in observance of Thanksgiving
- ◆ Thursday & Friday December 24 - 25, 2020 in observance of Christmas



Native Village of Afognak

**Native Village of Port Lions is in search of your used Egg Cartons!**

**Drop off location:**  
Native Village of Afognak  
115 Mill Bay Road  
or  
Call (907) 486-6357  
with any questions



We would like to acknowledge Milla

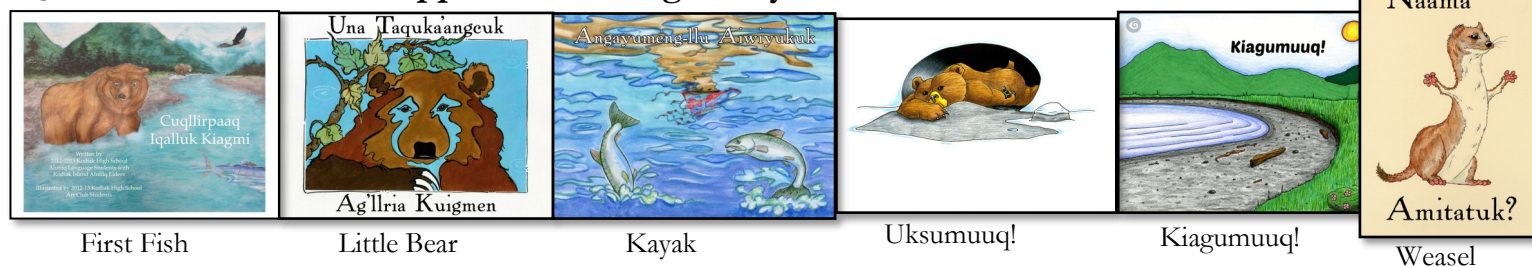
Cleveringa, who has graciously raised and donated \$500 to Dig Afognak since she was unable to attend this year due to COVID-19. Quyanaa Milla!

## 2021 TENATIVE DIG AFOGNAK CAMP DATES

- Koniag Camp - July 14th – 18th**
- Harvesting/Survivor Camp - July 22nd – 27th**  
**(Gun Safety)**
- Shareholder Camp - July 30th – Aug 4th**
- Music/Language Camp - Aug 9th – Aug 14th**
- Harvesting/Survivor Camp - Aug 18th – Aug 23rd**



## Q Books on the iTunes App Store & Google Play Store

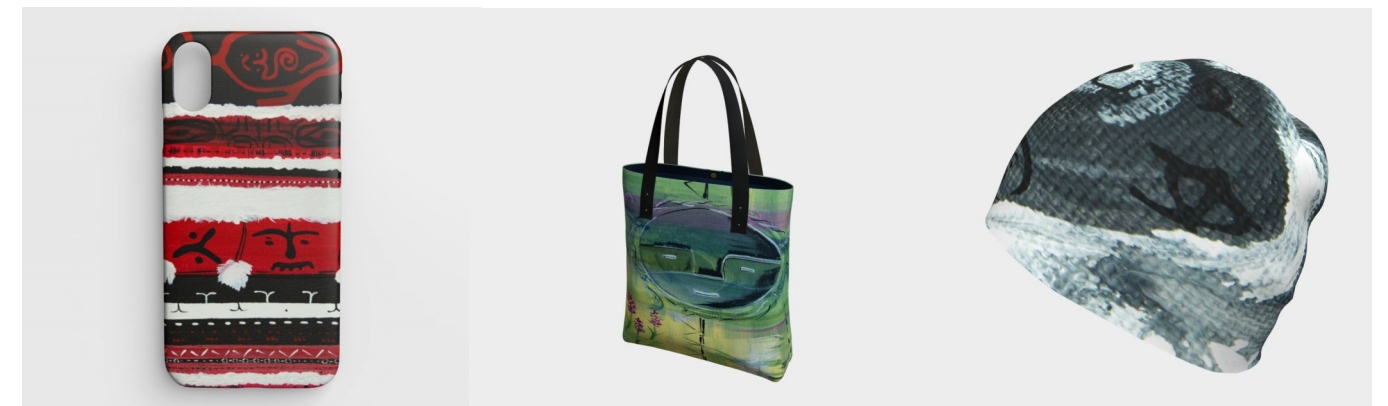


If you type in "Afognak" in the app store and google play it will come up with everything that is available from us.

# ONLINE STORE!

Check out our online store for some great one of a kind Alutiiq merchandise with designs created by local Kodiak artist Hanna Sholl! We have a variety of items including tote bags, beanies, towels, leggings, shirts and more!

Visit our store at <https://artofwhere.com/artist/native-village-of-afognak> or give us a call at 907-486-6357 for more details!



## Guess Who!

Do you know who this is? The first person to call us at **907-486-6357** with the correct name will win one of our new petroglyph tumbler cups in the color of their choice!

